

NUTRITION AND DIETETICS, AS-T

Code	Title	Units
List B		
HLTH 202	Nutrition for Fitness	3.0
Total Units		26-29

State Control Number: 40161

Program Code: NUDI.CSUGE.AS-T or NUDI.IGETC.AS-T

Program Length: 24 months

Approved for Federal Financial Aid: Yes

The Nutrition and Dietary Science Associate of Science Transfer Degree focus on the principles and methodologies used in the study of nutrition and dietetics. Students will acquire the foundational knowledge necessary to pursue post-secondary degrees in nutrition and dietetics. The Associate in Science in Nutrition and Dietary Science for Transfer is designed to provide students a clear transfer pathway to the CSU within the health science field major and the completion of baccalaureate degree, with guaranteed admission to a CSU to a similar major with junior standing, and the ability to complete their remaining requirements within 60 semester or 90 quarter units. Additionally, the Nutrition and Dietary Science A.S.-T focuses on providing job-related and introduction to the various career pathways within this field. The Nutrition and Dietary field include disciplines such as nutritionist, dietary counselor, hospital dietary expert, patient health navigator, health education outreach, biostatistics, health services, environmental health, behavioral health, and occupational health.

To earn this degree complete the major coursework listed here with "C" grades or higher and the following graduation requirements:

- 60 CSU transferable units;
- either the CSU General Education (<https://catalog.vvc.edu/degrees-certificates/csuge-breadth/california-state-university-general-education-breadth-certificate/#requirementstext>) or IGETC (<https://catalog.vvc.edu/degrees-certificates/igetc/intersegmental-general-education-transfer-curriculum-igetc-certificate/#requirementstext>) (for CSU or UC) pattern; and
- 2.0 minimum overall CSU GPA.

Courses used in the major may also be counted in the general education areas. Courses used for this major may also be used to earn other degrees at VVC.

Code	Title	Units
Required Courses		
BIOL 110	Introduction to Human Nutrition	3.0
PSYC 101	Introductory Psychology	3.0
CHEM 201	General Chemistry	5.0
BIOL 221	General Microbiology	5.0
List A		
Complete two courses from the following:		7.0-10.0
CHEM 202	General Chemistry	
CHEM 281	Organic Chemistry	
BIOL 211	Human Anatomy	
	or BIOL 231 Human Physiology	
MATH 120	Introduction to Statistics	
	or MATH 120H	
	or MATH 120S Introduction to Statistics With Skills½support	
	or PSYC 215 Introduction to Statistics in Social And½behavioral Sciences	