

ADAPTED FITNESS CERTIFICATION CERTIFICATE OF COMPLETION

(Noncredit)

State Control Number: 44878

Program Code: APE.AFC.CCN

Approved for Federal Financial Aid: No

This certificate is to help students in the adapted courses advance their level of physical independence, participate actively in their local community, and transition to career pathways, as desired.

Total Certificate Hours: 150.0 - 168.75

Code	Title	Units
Required Courses		
APE 0160	Adapted Physical Exercise	0.0
APE 0167	Introduction to Adapted Weight Training	0.0
APE 0183	Introduction to Adapted Walking for Fun Fitness	0.0
Total Units		0