

PSYCHOLOGY (PSYC)

PSYC C1000 Introduction to Psychology (3.0 Units)

This course is an introduction to psychology, which is the study of the mind and behavior. Students focus on theories and concepts of biological, cognitive, developmental, environmental, social, and cultural influences; their applications; and their research foundations.

Recommended Preparation: Take ENGL-C1000/ENGL-101/ENGL-101.0 or ENGL 101H.

Lecture Hours: 54.0

Transfer: Transfers to both UC/CSU

PSYC 101 Introductory Psychology (3.0 Units)

Psychology is the scientific study of behavior and mental processes. The content focuses on the exploration of major psychological theories and concepts, methods, and research findings in psychology. Topics include the biological bases of behavior, perception, cognition and consciousness, learning, memory, emotion, motivation, development, personality, social psychology, psychological disorders and therapeutic approaches, and applied psychology. C-ID: PSY 110.

Recommended Preparation: ENGL 101.0 or ENGL 101H

Lecture Hours: 54.0

Transfer: Transfers to both UC/CSU

PSYC 109 Biopsychology (3.0 Units)

Prerequisite: PSYC 101 or PSYC 101H. This course introduces the scientific study of the biological bases of behavior and its fundamental role in the neurosciences. Physiological, hormonal, and neurochemical mechanisms, and brain-behavior relationships underlying the psychological phenomena of sensation, perception, regulatory processes, emotion, learning, memory, and psychological disorders will be addressed. The course also notes historical scientific contributions and current research principles for studying brain-behavior relationships and mental processes. Ethical standards for human and animal research are discussed in the context of both invasive and non-invasive experimental research. C-ID: PSY 150. , UC

Prerequisite(s): PSYC 101 or PSYC H101, Minimum grade C

Lecture Hours: 54.0; Lecture Hours: 3.38

Transfer: Transfers to both UC/CSU

PSYC 110 Developmental Psychology (3.0 Units)

This course includes the study of theories, methods, and research findings regarding biosocial, cognitive, and psychosocial development of the individual across the lifespan including death, dying and bereavement. (UC credit limitation). C-ID: PSY 180.

Recommended Preparation: PSYC-101;

Lecture Hours: 54.0

Transfer: Transfers to both UC/CSU

PSYC 121 Intorduction to Human Sexuality (3.0 Units)

This course is an introductory overview of the field of human sexuality. Human sexuality will be examined from psychological, biological, sociocultural, and historical perspectives. Students will be encouraged to become aware of their own sexual attitudes, values, and behaviors and to evaluate the consistency of their behaviors within their own moral frameworks. Current sex norms and various aspects of interpersonal and individual sexual adjustment will be explored. C-ID: PSY 130.

Lecture Hours: 54.0

Transfer: Transfers to both UC/CSU

PSYC 204 Social Psychology (3.0 Units)

The focus of this course is the relationship between the individual and society including such topics as social identity, conformity, obedience and deviance, attitudes and attitude change, attribution theory, persuasion, prejudice and stereotyping, aggression and prosocial behavior, interpersonal relationships, group dynamics, and conflict and conflict resolution.

Prerequisite(s): PSYC 101, Minimum grade C

Lecture Hours: 54.0

Transfer: Transfers to both UC/CSU

PSYC 213 Abnormal Psychology (3.0 Units)

No Prerequisite. Recommended Preparation: ENGL 101 or ENGL 101H.

This course introduces the scientific study of psychopathology and atypical behaviors, broadly defined. Students investigate abnormal behavior from a variety of perspectives including biological, psychological, and sociocultural approaches. An integrative survey of theory and research in abnormal behavior, and intervention and prevention strategies for psychological disorders are also introduced. C-ID: PSY 120. , UC.

Lecture Hours: 54.0

Transfer: Transfers to both UC/CSU

PSYC 215 Introduction to Statistics in Social And½behavioral Sciences (3.0 Units)

This is an introduction to the basic statistical methods and analyses commonly used in behavioral and sociological research. Topics include: descriptive and inferential statistics including levels and types of measurement; measures of central tendency and dispersion; normal, t, and chi-square distributions; probability and hypothesis testing; measures of significance; regression and correlation; and, analysis of variance (ANOVA). Application of statistical software to social and behavioral science data required. C-ID: SOCI 125.

Recommended Preparation: ENGL-101.0

Lecture Hours: 54.0

Transfer: Transfers to both UC/CSU

PSYC 217 Introduction to Research Methods In½psychology (4.0 Units)

This course surveys psychological research design and methods with an emphasis on correlational relationships, experimental procedures, descriptive methods, instrumentation, data collection, statistical analysis, and interpretation. Research design and methodology will be examined through the review of scholarly journal articles. In laboratory sessions students will conduct research in psychology and/or social science. Actual data collected from research conducted during laboratory sessions will be analyzed with statistical software. C-ID: PSY 205 B.

Prerequisite(s): (PSYC 101) and (MATH 120 or PSYC 215, Minimum grade C)

Recommended Preparation: ENGL 101.0 or ENGL 101H

Lecture Hours: 54.0; Lab Hours: 54.0

Transfer: Transfers to both UC/CSU

PSYC 221A Psychology of Adulthood and Aging (2.0 Units)

This course examines the physical, social, cognitive, and personality development of adults with an emphasis on aging in middle and late adulthood. This course is designed for psychology majors, students seeking the Human Diversity Certificate of Achievement, and those seeking to teach Courses for Older Adults through VVC's noncredit program.

Lecture Hours: 36.0

Transfer: Transfers to CSU only

PSYC 221B Aging and Diversity (2.0 Units)

Aging is examined through the lenses of race, ethnicity, gender, sexual orientation, religion, class, and community. This course is designed for the following: psychology majors, students completing the Psychology AD-T, students seeking the Human Diversity Certificate of Achievement, and those seeking to teach Courses for Older Adults through VVC's noncredit program.

Lecture Hours: 36.0

Transfer: Transfers to CSU only